

*Taproot Farm*

# *CSA Guide*

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A MONTH BY MONTH LOOK  
AT WHAT TO EXPECT IN YOUR CSA SHARE  
THROUGH THE SEASONS

[WWW.TAPROOTFARMPA.COM](http://WWW.TAPROOTFARMPA.COM)

*Eating locally  
gives us  
appreciation for  
the seasonality of  
food.*

From seed to harvest we craft your weekly shares to include cooking and salad greens, tomatoes, fresh herbs and alliums, berries and melons, veggies to snack on like cucumbers, sweet peppers, carrots, and everything in between from broccoli and zucchini to sweet corn and green beans, to winter squashes, root veggies, and potatoes.

Each week our CSA includes salad greens & tomatoes for as long as the season permits!



**CSA MEMBERS CHOOSE THE AMOUNT OF PRODUCE THEY'D LIKE TO RECEIVE EACH WEEK AND PICK THEIR SHARES UP AT A CENTRAL LOCATION IN THEIR AREA. A ONE-TIME INVESTMENT GETS YOU AN ENTIRE SEASON'S WORTH OF VEGETABLES.**

# June CSA Share



June is the time of year when spring merges into summer. The month begins with loads of fresh greens, young green garlic, spring onions, fresh herbs, French radishes and strawberries. As the solstice approaches, the bounty becomes more colorful and plentiful and we have sugar snap peas, broccoli, summer squash and cucumbers...

## Small Share

Strawberries, Romaine Lettuce, Sugar Snap Peas, Flatleaf Italian Parsley, Lacinato Kale, Garlic Scapes

## Medium Share

Strawberries, Romaine Lettuce, Sugar Snap Peas, Flatleaf Italian Parsley, Lacinato Kale, Garlic Scapes, Broccoli, Spring Onions

## Large Share

Double Strawberries, Romaine Lettuce, Sugar Snap Peas, Flatleaf Italian Parsley, Lacinato Kale, Garlic Scapes, Broccoli, Spring Onions, Red Radishes, Mixed Summer Squash, Napa Cabbage



# July CSA Share



July is the time on the farm when summer really starts to kick in. We move from strawberries into blueberries. Cherry tomatoes start popping on the vine and basil is everywhere. We start picking green beans, new potatoes, bunched carrots & beets. And we keep up our greens harvest for fresh salads and cooking greens.

## Small Share

Blueberries, New Red Potatoes, Fresh Garlic, Cucumbers, Green Beans, Swiss Chard

## Medium Share

Blueberries, New Red Potatoes, Fresh Garlic, Cucumbers, Green Beans, Swiss Chard, Oakleaf Lettuce, Red Beefsteak Tomatoes

## Large Share

Double Blueberries, New Red Potatoes, Fresh Garlic, Cucumbers, Green Beans, Swiss Chard, Oakleaf Lettuce, Red Beefsteak Tomatoes, Cilantro, Sungold Cherry Tomatoes

# August CSA Share



August is peak summer. It's time for, sweet watermelon, sweet corn, sweet peppers and sweet everything. Roma tomatoes, fresh garlic, Fairytale eggplant, green zucchini...it's time for the grill, for potato salad, for sun tea and for snacking on all the fresh veggies.

## Small Share

Roma Tomatoes, Sweet Corn, Shishito Peppers, Sweet Onions, Watermelon

## Medium Share

Roma Tomatoes, Sweet Corn, Shishito Peppers, Sweet Onions, Watermelon, Summer Crisp Lettuce, Italian Basil

## Large Share

Roma Tomatoes, Sweet Corn, Shishito Peppers, Sweet Onions, Watermelon, Summer Crisp Lettuce, Italian Basil, Mini Sweet Peppers, Gold Zucchini, Scallions

# September CSA Share



Now we move into summer meets fall. The season still clings to late summer gems like tomatoes, peppers & melons, but we begin to harvest our fall broccoli and winter squashes

## Small Share

Heirloom Tomatoes, Sprouting Broccoli, Sweet Onions, Sweet Corno di Toro Peppers, Red Oakleaf Lettuce, Cilantro

## Medium Share

Heirloom Tomatoes, Sprouting Broccoli, Sweet Onions, Sweet Corno di Toro Peppers, Red Oakleaf Lettuce, Cilantro, Fingerling Potatoes, Endive Frisée

## Large Share

Heirloom Tomatoes, Sprouting Broccoli, Sweet Onions, Sweet Corno di Toro Peppers, Red Oakleaf Lettuce, Cilantro, Fingerling Potatoes, Endive Frisée, Leeks, Mountain Magic Cocktail Tomatoes, Delicata Squash



# October CSA Share



We are officially in fall. It's soup season and salad season. It's time to indulge in caramelized oven roasted treats, like winter squash, sweet potatoes and beets, and of course, tasty new varieties of those old favorites. It's prime time for braised greens, steamed broccoli and bright cauliflower.

## Small Share

Sweet Potatoes, Cauliflower, Boc choy, Arugula, Carrot

## Medium Share

Sweet Potatoes, Cauliflower, Boc choy, Arugula, Carrots, Red Onions, Brussels Sprouts

## Large Share

Sweet Potatoes, Cauliflower, Boc choy, Arugula, Carrots, Red Onions, Brussels Sprouts, Watermelon Radishes, Parsley, Roma Tomatoes



# Seasonal, Local and Organic

[JOIN NOW](#)

By subscribing to a CSA, you are helping to build a more local, equitable, and sustainable agriculture system, one that allows farmers to focus on land stewardship and still maintain a profitable small farm. You are now a partner with the farmer, creating a stable market for their crops while enjoying the flavor and health benefits from local, organic food production.

When you join the Taproot Farm CSA as a member you also receive weekly recipes from local chefs, an inside look at what it takes to run a sustainable organic farm in Pennsylvania, and invites to exclusive farm events.



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*"We believe in growing only fresh,  
organic produce that you can trust.  
We don't grow anything we wouldn't  
feed to our own family and we want  
you to feel confident in the food that  
you feed yours."*

**- GEORGE & OLA  
FOUNDERS, FARMERS**

